

CONVERSATION GUIDE



THE HEAD HEART CONNECTION WEEK FOUR



SCRIPTURE GENESIS 2:1-25

Thus the heavens and the earth were completed in all their vast array.

² By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. ³ Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Adam and Eve

⁴ This is the account of the heavens and the earth when they were created, when the Lord God made the earth and the heavens.

⁵ Now no shrub had yet appeared on the earth and no plant had yet sprung up, for the Lord God had not sent rain on the earth and there was no one to work the ground, ⁶ but streams came up from the earth and watered the whole surface of the ground. ⁷ Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.

⁸ Now the Lord God had planted a garden in the east, in Eden; and there he put the man he had formed. ⁹ The Lord God made all kinds of trees grow out of the ground—trees that were pleasing to the eye and good for food. In the middle of the garden were the tree of life and the tree of the knowledge of good and evil.

¹⁰ A river watering the garden flowed from Eden; from there it was separated into four headwaters. ¹¹ The name of the first is the Pishon; it winds through the entire land of Havilah, where there is gold. ¹² (The gold of that land is good; aromatic resin and onyx are also there.) ¹³ The name of the second river is the Gihon; it winds through the entire land of Cush. ¹⁴ The name of the third river is the Tigris; it runs along the east side of Ashur. And the fourth river is the Euphrates.

¹⁵ The Lord God took the man and put him in the Garden of Eden to work it and take care of it. ¹⁶ And the Lord God commanded the man, “You are free to eat from any tree in the garden; ¹⁷ but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die.”

¹⁸ The Lord God said, “It is not good for the man to be alone. I will make a helper suitable for him.”

¹⁹ Now the Lord God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living

From today's message, is there a...

- Scripture to ponder?
- Prayer to pray?
- Action to take?
- Conversation to start?
- Mindset to change?

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creature, that was its name. ²⁰ So the man gave names to all the livestock, the birds in the sky and all the wild animals.

But for Adam no suitable helper was found. ²¹ So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh. ²² Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man.

²³ The man said, "This is now bone of my bones and flesh of my flesh; she shall be called 'woman,' for she was taken out of man."

²⁴ That is why a man leaves his father and mother and is united to his wife, and they become one flesh.

²⁵ Adam and his wife were both naked, and they felt no shame.

DISCUSSION QUESTIONS

1. What are the aspects of a healthy community that meet our need to belong? What makes a community unhealthy or toxic?
2. When is it not good for you to be alone? When do you most sense your need for relationships?
3. Read aloud Genesis 2:18-21. What about these verses jumps out at you?
4. How have small groups or your Christian community helped you grow closer to the person of Jesus Christ?
5. What is your biggest struggle right now? Where do you feel like you need help right now? How can your small group support you?

Deeper Dive

1. How can I commit myself to diving deeper and being more honest and vulnerable in this group?
2. How can I respond more authentically or honestly to deepen our group conversation?

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